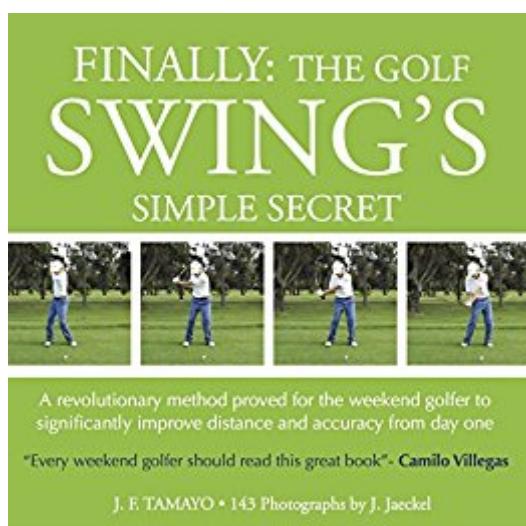


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FINALLY: THE GOLF SWING'S SIMPLE SECRET - A Revolutionary Method Proved For The Weekend Golfer To Significantly Improve Distance And Accuracy From Day One (1)



Synopsis

Have you ever wondered why the average handicap on the USGA has barely improved in the last 20 years? The answer is very simple: a) The Golf Swing is very difficult to understand and to perform. b) The average weekend golfer would love to improve but doesn't have the time or the interest to spend long hours practicing. After studying the golf swing for over 25 years, JF Tamayo has developed a revolutionary method proved for the weekend golfer of any level to significantly improve distance and accuracy from day one, based on three main principles:1) FOCUS ON CHANGES THAT MOST POSITIVELY AFFECT RESULTS: Opposite to the traditional methods, this book will only ask you to make changes in the most relevant parts of the swing needed to hit solid and consistent shots: the backswing and the transition between the backswing and the downswing. 2) LEARN HOW TO DEVELOP AN EASY, REPEATABLE AND SOLID BACKSWING: One of the biggest breakthroughs of the method was the development of a unique and much easier way to consistently make a solidly sound backswing that will look similar to the new Tiger Woods' one plane backswing but much simpler to learn, to do and to repeat.3) LEARN HOW TO CREATE LAG: Being able to increase lag during the downswing is one of the major differences between the amateur's golf swing versus a professional's and probably one of the most misunderstood concepts of golf. In this book you will easily learn how to lag the club like the pros, dramatically improving your clubhead speed, ball striking ability and distance. Authors: J. F. TAMAYO - 143 Photographs by J. Jaeckel

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Customer Reviews

I bought this book a couple of weeks ago. Reading the other reviews and the Camilo Villegas' quote directed to the weekend golfer, I had no doubt this was a great book but I was skeptical it was also good for intermediate or advanced golfers. I am an 8 handicap and without a doubt, this book was the biggest surprise I have had in a long time. I have played golf since I was a kid, practice regularly and had a two-plane swing. I decided to try the one-plane backswing explained by Tamayo as the proposed shoulder turn swing thought appeared very simple to perform and to repeat. In fact, it was the easiest backswing I have ever tried and the results were incredible and immediate. Not only many more of my golf shots are now hit solidly, but my accuracy and distance judgment improved dramatically. I am making at least 1 or 2 more birdies per round. Regarding the lag chapter, I finally understood the technical reason of why making a good transition instead of coming over the top has such a huge impact on the distance attained. As I have my swing on tape, I could check that I was making a pretty good lag which explains why I have always hit the ball long. Anyhow, I learned that holding the club a little softer increased the lag I produced and I started hitting my driver around 8-12 yards longer with the same effort. Bottom line, I HIGHLY recommend this book to all golfers of all skills that are really interested in improving. After reading many golf books, golf magazines and taking lessons for years, I truly believe this book can help your game more than anything else.

The author explains and shows images of essential moves that give the golfer increased accuracy and distance. Many golfing books overwork the two goals by describing every facet of a complex swing. This author narrows the topics to the crucial steps to a successful ball strike, namely setup, backswing with proper arm pressure, and transition to the downswing with lag.

These swing ideas have me hitting the ball better than ever. The set-up, shoulder move, and light grip pressure make the swing unconsciously repeatable. Forget about your arms, hands, everything you've been taught to obsess about. I wish I'd had this about \$5000.00 ago. That doesn't include time spent. I think anyone who has had some instruction in the basics of the golf swing will improve

rapidly in their ball striking. The only time I mess it up is when I start thinking about what I should be doing. Hey, it's just 7-8 bucks. A sleeve of good balls (3) costs than that.

A MUST READ!!!! The simplest technique and changes to the swing that have the greatest return...immediately!!! I read this book over the past week, and practiced some drills at home (without hitting a ball). I took the learning to the course yesterday, and the improvements were noticeable!!! I had a hard time with the setup at first with my driver during the first few holes (typically my best stick), but saw immediate improvement on irons, specially 7-9! Once I got into properly swinging the club, my iron play improved tremendously! I Added, on average, a club length to all my irons played, and the accuracy was incredible. I am a typical +2/+3 boggie player and yesterday I was playing +1 golf most of the round. Once I got the swing down with my Driver, I added 12 yards to my longest drive, and 7 additional to the average drive all flying straight as a bullet. I missed left often, simply due to my typical alignment setup (aiming left to adjust for my slice). In one single 9 hole round, I saw great improvement to my game, helping me drop 5 net strokes on the front 9, even though I started +8 on holes 1 and 2. I am certainly looking forward to putting these learnings into practice this summer.

As one who took up golf only two years ago--at age 61--I can attest to the fact that the most difficult aspect of the game for beginners is getting to a point where they can strike the ball consistently and correctly off the tee and from the fairway. I think most would agree that is the first major golfing "hurdle" to overcome. Then, as other reviews here have mentioned, the next hurdle--and the real secret to lowering one's score--is around the green; i.e., improving consistency and accuracy in pitching, chipping and putting. Tamayo's little book covers, in simple, plain, easy to understand words, a critical part of getting over that first hurdle. And I should add it's one about which very little seems to have been written. Or at least very little that is as easy to understand as this book. That's probably why there are millions of golfers out there suffering from the same basic swing flaw: Coming over the top, swinging outside to in, usually leading to slicing the ball and making poor contact. Tamayo gives some easy to understand pointers and basic drills on how to achieve the proper shoulder turn during the takeaway. And then, perhaps most importantly, once you're at the top of the backswing, how to correctly start the move down toward the ball on the proper swing plane. And finally, once you get there, how to achieve that mysterious quantity called "lag" in order to make better contact. For those tips and drills alone the book is well worth the price, and I definitely recommend that anyone having problems in these areas, which is most of us, should buy it. You

won't be disappointed. That said, the author asked for feedback and reviews at the end of the book. I rated it 4 stars out of 5 and here are some things that would have made it even better: First, the photos are all b&w, and I ceratinly understand the added publishing expense issues related to going beyond that. However, many are the small thumbnail variety which makes it hard to see exactly what the subject is doing differently from one frame to the next. So better photos would improve the book substantially. I would add that any instruction book also benefits from extensive use of graphics and drawings to help illustrate key points. And while there are some, more would be helpful, particularly given that the subject matter--proper swing plane and how to get it--is a little obtuse, to say the least. Second, the writing and editing, while certainly adequate to convey the main points, could be improved as well. Tightening down the editing, for example, rather than shortening the book, would then have left more space for the author to elaborate on some its key points, such as the one about the exact feeling and sensation of proper lag at the start of the downswing.

An easy read about the fundamentals of a good golf swing. A practical guide, with great illustrations, that any level of player can understand and put into practice. Particularly useful for any amateur who wants to improve.

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